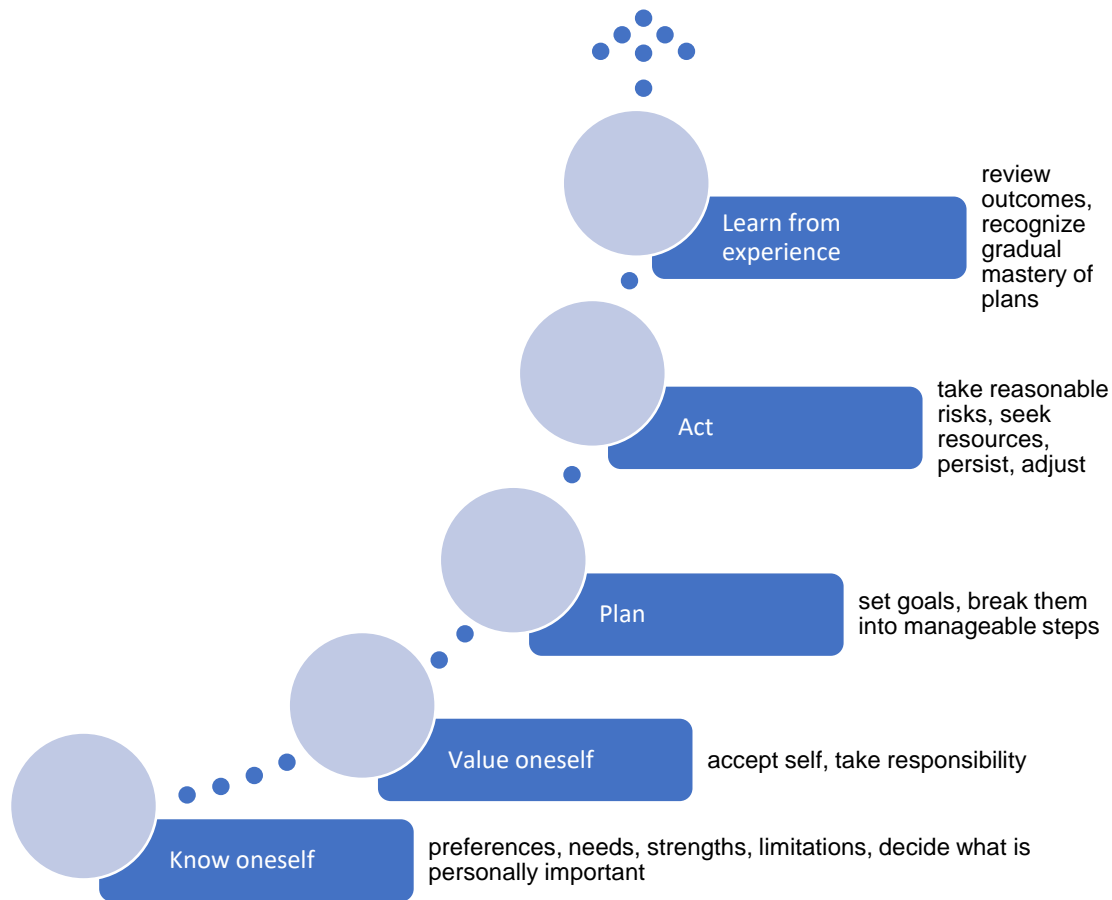


Unit 4.5, Ages 12-18

Worksheet: Which “teachable step”? (know, value, act, plan, learn)



Source: Erwin, E. J., & Brown, F. (2003). From theory to practice a contextual framework for understanding self-determination in early childhood environments. *Infants & Young Children*, 16, 77–87.

Age 12-18

- _____ Take opportunities to make decisions on day-to-day activities (academic goals, hobbies, careers, schedules, health issues)
- _____ Take opportunities to evaluate decision outcomes
- _____ Learn how to break long-term goals into short-term objectives
- _____ Identify personal barriers to communication (group discussions, lighting, background noise)
- _____ Practice communication skills for successful interactions
- _____ Implement strategies to aid comprehension
- _____ Practice how to make requests for academic and social supports from general education teachers, support staff
- _____ Take opportunities to increase involvement in IEP meetings
- _____ Use scenarios, roleplaying to develop self-advocacy skills
- _____ Increase understanding of legal rights while in school and after graduation

Others?