

1. Have you ever experienced tinnitus lasting more than 2-3 minutes?

A. NO (**TINNITUS ABSENT**; do **not** fill out tinnitus questionnaires)

B. YES: **Go to #2**

2. In a quiet room, can you hear tinnitus....

A. Always? (**CONSTANT TINNITUS**; fill out tinnitus questionnaires)

B. Usually? (**CONSTANT TINNITUS**; fill out tinnitus questionnaires)

C. Sometimes/Occasionally? **Go to #3**

3. When you have heard tinnitus, was it caused by a recent event? (Examples: loud concert, head cold, allergies, some medications)

A. NO: (**INTERMITTENT TINNITUS**; fill out tinnitus questionnaires)

B. YES, Always: (**TEMPORARY TINNITUS**; do **not** fill out tinnitus questionnaires)

C. YES, Sometimes: **Go to #4**

4. Does your tinnitus seem to “come and go” on its own, in addition to being caused by a recent event(s)?

A. YES: (**INTERMITTENT TINNITUS**; fill out tinnitus questionnaires)

B. NO: (**TEMPORARY TINNITUS**; do **not** fill out tinnitus questionnaires)