## QUICK START GUIDE: SESSION FIVE TOPICS

You should use this session to invite and motivate participants to research local and national organizations dealing with hearing loss. During the later half of the session, you should continue working with dealing with difficult listening situations.

## **Consumer Organizations**

Advise participants about consumer organizations and how to contact them. Consumer organizations can provide participants with useful information and act as a continuous resource once the Group AR program ends.

You may need to do a bit of research to identify local and national groups in your area that participants can rely on.

## Suggested Organizations

- Hearing Loss Association of America
- State and city Hearing Loss Associations
- Association of Late-Deafened Adults
- Alexander Graham Association for the Deaf and Hard of Hearing
- International Federation of Hard of Hearing People

## Handling Difficult Listening Situations

Many people enjoy going to coffee and/or teahouses, as well as parties, shopping, etc. Additionally, they may use public transportation to visit different venues such as movie theaters, community centers, etc.

Toward the end of Session 5, you can moderate a discussion on how to plan ahead and how to avoid and/or deal with challenges that may occur in different noisy settings. Ask each participant to offer a particular communication situation where they have trouble listening and comprehending speech. Then, you can ask the entire group to suggest potential ways of planning for the situation.