

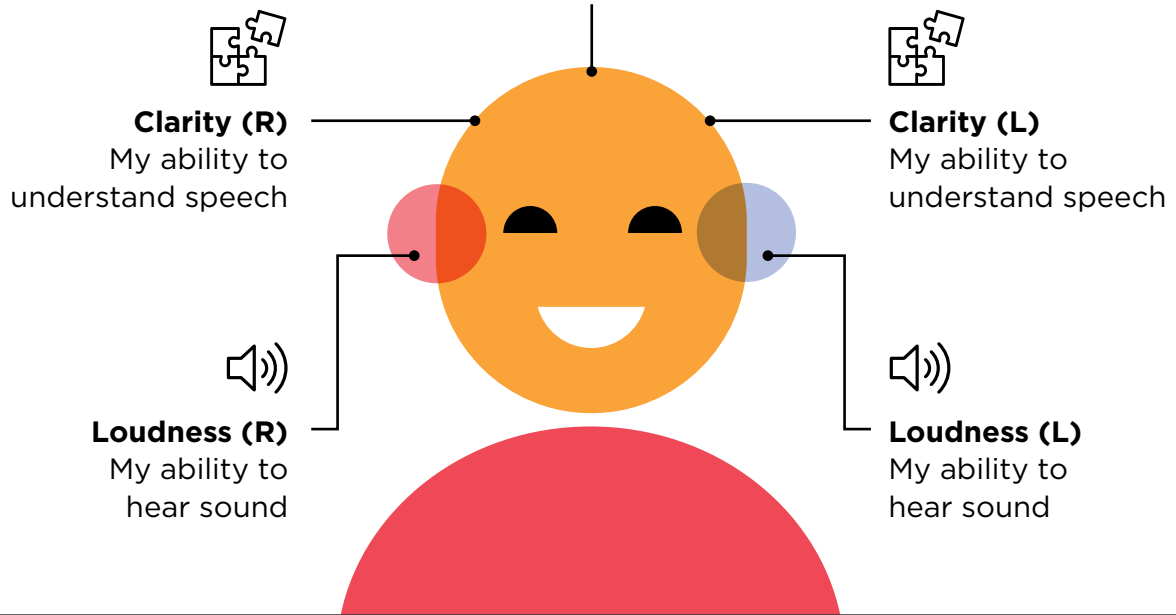
# My Hearing Explained

Date: \_\_\_\_\_

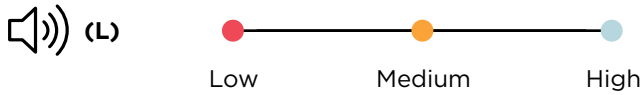
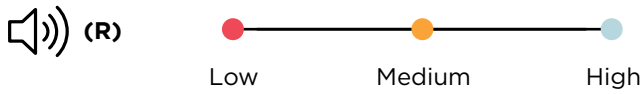
Name: \_\_\_\_\_



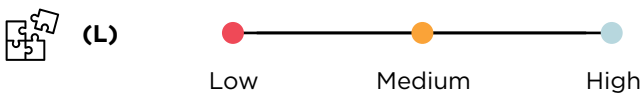
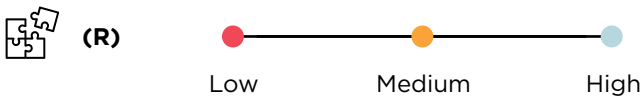
**Brain energy**  
My energy for listening



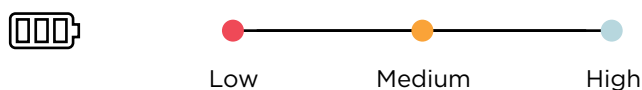
## My ability to hear sound is:



## My ability to understand speech is:



## My energy for listening is:



## My everyday life

What I struggle with:

\_\_\_\_\_

\_\_\_\_\_

What I can hear:

\_\_\_\_\_

\_\_\_\_\_

My most important communication situations:

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_

## My next steps

Technology to help me:

\_\_\_\_\_

\_\_\_\_\_

My communication strategies:

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_

Other:

\_\_\_\_\_