How would you rate your listening skills?

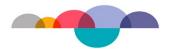


Contrary to popular belief, good listening does not develop naturally nor is it a passive enterprise. Good listening aids our comprehension, reduces misunderstandings, enhances our critical thinking, and helps determine a person's real needs and concerns so that they may be translated into actions.

your perc with a nu	eptions of y	our own lis king as follo	stening skills ows: 5 = alm	w well your ranking matches The questions should be score ost always, 4 = frequently, 3 =	d
Do you e	ver anticipat	ce what peo	ople will say	next as they are speaking?	
5	4	3	2	1	
	er find you person is st		mp in to fix	he problem or provide a solutio	on while
5	4	3	2	1	
Do you e	ver feign att	ention whil	e you are li	tening to someone?	
5	4	3	2	1	
	ver pay mor han to what			ker's mannerisms, or what word	ls he/she
5	4	3	2	1	
Do you e	er interrupt	t others to	speed the c	onversation along or to inject yo	our opinion?
5	4	3	2	1	
_			_	re listening to someone speak a re from others in similar circums	

5 4 3 2 1

How would you rate your listening skills?



Do you find yourself preparing a response to what the other person is saying while that person is still talking?

5 4 3 2 1

Do you ever try to multi-task while you are listening to someone?

5 4 3 2 1

Do you get so overly stimulated about what someone is saying that you have difficulty listening to what is being said?

5 4 3 2 1

Do you daydream or allow your mind to wander if you are listening to someone speak about something that is difficult for you to understand or is uninteresting?

5 4 3 2 1

How do you rank?

10 - 15 You are a good listener.

16 - 39 You are okay, but you could stand some improvement. Others would not call you a "bad" listener, but you may be judged as insensitive or indifferent.

40 - 50 You need some work on your listening skills.

Courtesy of John Greer Clark, PhD, Professor Emeritus, University of Cincinnati, and Past President of the Academy of Rehabilitative Audiology.